



HEALinc FUTURE HEALTH
INNOVATION SUMMIT

The 2024 HEALinc Future Health Innovation Summit

April 28th - 30th, 2024

Atlantis Resort, Paradise Island, The Bahamas

www.healincsummit.com

2024 HEALinc Summit Agenda: Proactive Pathways to Longevity and Regenerative Health

2024 HEALinc Summit Agenda Days 1, 2, and 3: Program Synopsis and Topics

The 2024 HEALinc Summit focuses on actionable data. What cutting-edge, advanced longevity therapies and regenerative medicines can you use now? How do you know what regenerative medicines are right for you? What's on the horizon in gene therapy for the very near future in the field?

The Summit opens with visionary touchpoints for longevity and regenerative health, including the latest research and actionable insights into proactive pathways to healthy longevity, life enhancement, and rejuvenation. This includes stem cells, peptides for weight management, cognitive-boosting vitality, age-reversal through senolytics, and cellular and mind-body reprogramming.

Outlined below, the Day 1 and Day 2 presentation themes are synergistically connected and set the stage for the special symposia on Day 3, which focuses on enhancing human performance (in the morning), and cardiovascular regenerative health and medical tourism in The Bahamas (in the afternoon). If you are a change-maker, game-changer, or small business enterprise (SME) owner, Day 3 of the 2024 HEALinc Summit is for you. The information insights and opportunities presented on Day 3 are especially aimed at helping change-makers, game-changers and small business enterprise (SME) owners use cutting-edge research and actionable insights into longevity and regenerative medicine to enhance their personal performance and future proof their business and visionary enterprises.



Day 1 and Day 2: Presentation Themes and Topics

- **Staying Younger for Longer: Hot Topics in Healthy Longevity and Regenerative Medicine**
 - Cutting-Edge Advances in Stem Cells, Exosomes, Peptides, & Longevity-Boosting Supplements
 - Rejuvenation Therapeutics & Life-Enhancing Technologies to Watch Out For
 - Reversing Age-Related Diseases: Gene Therapy and Cellular and Organ Therapies
 - Reproductive Longevity: Reframing Women's Health and Aging
 - Trusting Disruption: AI and Longevity. What's Now, What's Near, What's Next?
- **Proactive Pathways to Longevity, Life Enhancement and Regenerative Health: Why? When? What? How?**
 - Making Smart Choices: Cost-Effective, Evidence-Based Lifestyle Changes with Proven, Quantifiable Benefits for Longevity and Rejuvenation
 - Choosing the Right Proactive Pathways for Your Age Reversal Management
 - The Importance of Multimodal Aging Biomarkers and Personalized Precision Health
 - Connecting the Dots Between Personalized Precision Medicine & Stem Cell Therapies
 - It's All About Blood Flow: Advanced Longevity Technologies for Brain Health
 - Biohacking with Peptides and Nootropics: Weight Loss, Age-Reversal Management, and Cognitive Enhancement
 - Proactively Targeting Cellular Senescence for Healthy Longevity: Actionable Insights
 - Applying New Developments in Senolytic Therapies for Personalized Age-Reversal Management Strategies
- **Cellular and Mind-Body Reprogramming: Current Research and Actionable Insights**
 - Epigenetics, Lifestyle Medicine and Advanced Longevity Therapeutic Applications
 - Effective, Evidence-Based, Real-World, Life-Enhancing Applications: Integrating Ancient and Advanced Longevity Therapeutics
- **Accessing Regenerative Medicines and Advanced Longevity-Enhancing Technologies**
 - Special Announcement: New Law on Longevity and Stem Cell Gene Therapy in The Bahamas
 - Patient-Sponsored Research and Registries for Stem Cells, Gene Therapies and Advanced Longevity Therapeutics
 - The Latest Evidence and Data From Cutting-Edge Advanced Longevity and Regenerative Medicines



Day 3: Special Morning Symposium

The Business of Enhancing Human Performance: Longevity, Performance and Real-World Decision-Making

Chair: Richard Swift, The Human Powerhouse Initiative

SUMMARY: There are over 30 million small business enterprises (SMEs) in the US. The average age of the owner/manager is 50. These SMEs produce 50% of US GDP and 50% of private sector employment. There are 22 million SMEs in the EU and 6 million in the UK. The stress of modern life (economic, social, emotional and otherwise) puts SME owners at a higher risk of suffering from burnout, declining health, and the disease of aging. Without the help of The Human Powerhouse Initiative, 50% or more of SMEs could fold by 2030. The same goes for entrepreneurs, change-makers, game-changers and visionaries with big ideas that have the potential to make our world a better place. Learn more about The Human Powerhouse Initiative and how you can achieve your visionary objective and leave behind a legacy you can be proud of, while simultaneously enhancing your personal health and the health of your family and company.

Day 3: Special Afternoon Symposium

Zhittyta Genesis Medicine: Cardiovascular Regenerative Medicine and Medical Tourism in The Bahamas

SUMMARY: Cardiovascular disease is one of the most significant risk factors for longevity. Recent studies have consistently demonstrated the association between cardiovascular aging and increased risk of cognitive decline and dementia. This special cardiovascular regenerative medicine symposium provides a scientific and economic view of the Zhittyta Genesis program for utilizing Therapeutic Angiogenesis to reverse major diseases in the heart, brain and more. This exciting and accessible series of presentations spans the science, evidence and success of the Zhittyta Genesis program in treating heart disease, stroke and neurodegenerative diseases, with practical insights on how to attract, engage and provide global access to effective advanced cardiovascular regenerative medicines to patients in The Bahamas and elsewhere.

2024 SUMMIT DAILY PROGRAM FORMAT

DAY 1: Sunday, April 28th, 2024

NOTE: Parallel/Breakout Sessions may be added at various segments of the Day 1 program. Details to be announced in the final version of the Summit agenda.

7:30 a.m. - 10:00 a.m.	Registration Outside the Main Auditorium (<i>Atlantis Theatre</i>)
10:00 a.m. - 10:15 a.m.	Protocol Established Conference and Exhibition Hall Opens Col. Arnold Strong
10:15 a.m. – 12:30 p.m.	Special Symposium How Important is ‘Looking Younger’? The Scientific Art of Healthy Longevity Aesthetics: Evidence-Based Advanced Longevity and Regenerative Technologies for Weight Management, Body Aesthetics and Lifestyle Enhancement (Topic and Details TBA)
12:30 p.m. - 1:30 p.m.	Networking Energy and Light Lunch Break <i>Coffee and refreshments with a light luncheon will be provided.</i> Creativity-Health-Tech Exhibition Hall
1:30 p.m. - 2:00 p.m.	Opening Keynote: Proactive Pathways to Longevity and Regenerative Health Dr. Desirée Cox, MD, MPhil, PhD CEO/Founder, The HEALinc
2:00 p.m. - 2:20 p.m.	Opening Remarks from the Minister of Health and Wellness The Honorable Dr. Michael Darville, Minister of Health and Wellness of The Bahamas, brings remarks and declares the Summit officially open.
2:20 p.m. - 2:55 p.m. (Includes 5-minute Q&A)	Keynote Lecture: Featured Speaker (Details TBA)



2:55 p.m. - 3:30 p.m.
(Includes 5-minute Q&A)

Keynote Lecture: Featured Speaker
(Details TBA)

3:30 p.m. - 4:10 p.m.
(Includes Q&A)

Whole-Person and Whole-System Action Panel: Connecting the Dots Between the Fields of Longevity and Regenerative Medicine
(Chair and Panelists TBA)

4:10 p.m. - 4:40 p.m.

Networking Energy Break
Coffee and refreshments will be provided.
Creativity- Health-Tech Exhibition Hall

4:40 p.m. - 5:15 p.m.
(Includes 5-minute Q&A)

Keynote Lecture: Featured Speaker
(Details TBA)

5:15 p.m. - 5:35 p.m.
(Includes 5-minute Q&A)

Mindful Movement Session
(Details TBA)

5:35 p.m. - 5:45 p.m.

Day 1: Five for Ten: 5 Takeaways in 10 Minutes
Dr. Desirée Cox, MD, MPhil, PhD
CEO/Founder, The HEALinc

5:45 p.m. - 6:30 p.m.
(Includes 5-minute Q&A)

ANNUAL HEALinc PUBLIC LECTURE: FEATURED SPEAKER
(Details TBA)

6:30 p.m. – 7:45 p.m.

**COCKTAIL RECEPTION & NETWORKING
CREATIVITY-HEALTH-TECH EXHIBITION HALL**

Delegates and dignitaries move to Exhibition Hall for networking, cocktail refreshments, and music.

- The ‘Art For Life’ visual art exhibition, curated by Nicole Collie (Founder, Creating Gray Spaces; Co-Founder, Emerging Creatives)
- Musical performance
- Special announcements and ‘hot off the press’ news from sponsors and partners
- VIP networking opportunities with the Minister of Health of The Bahamas and other key Bahamian and international dignitaries and influencers

DAY 2: Monday, April 29th, 2024

NOTE: Parallel/Breakout Sessions may be added at various segments of the Day 2 program agenda. Details to be announced in the final version of the Summit agenda.

7:30 a.m. - 8:30 a.m.	Registration Outside the Main Auditorium Networking in the Exhibition Hall
8:45 a.m. - 8:55 a.m.	Call to Order: Housekeeping and Welcome to Day 2 Col. Arnold Strong
8:55 a.m. - 9:30 a.m. (Includes 5-minute Q&A)	Keynote Lecture: Featured Speaker (Details TBA)
9:30 a.m. - 10:05 a.m. (Includes 5-minute Q&A)	Keynote Lecture: Featured Speaker (Details TBA)
10:05 a.m. - 10:40 a.m. (Includes 5-minute Q&A)	Keynote Lecture: Featured Speaker (Details TBA)
10:40 a.m. - 11:10 a.m.	Networking Energy & Music Break <i>Coffee and refreshments will be provided.</i> Creativity- Health-Tech Exhibition Hall
11:10 a.m. - 11:45 a.m. (Includes 5-minute Q&A)	Special Session: In-Person Attendees Only <i>Special Announcement:</i> <i>New Law on Longevity and Stem Cell Gene Therapy in The Bahamas</i> (Details TBA)
11:45 a.m. - 12:25 p.m. (Includes 5-minute Q&A)	Whole-Person and Whole-System Action Panel: Connecting the Dots Between the Fields of Longevity and Regenerative Medicine (Chair and Panelists TBA)
12:25 p.m. - 1:00 p.m. (Includes 5-minute Q&A)	Keynote Lecture: Featured Speaker (Details TBA)



<p>1:00 p.m. - 2:00 p.m. (Includes 5-minute Q&A)</p>	<p>Interactive Lunch Luncheon Ball Room Our interactive lunches feature small presentations and/or talks alongside a complimentary mid-day meal.</p>
<p>2:00 p.m. - 2:10 p.m.</p>	<p>Day 2: Five for Ten: 5 Takeaways in 10 Minutes Dr. Desirée Cox, MD, MPhil, PhD CEO/Founder, The HEALinc</p>
<p>2:10 p.m. - 2:45 p.m. (Includes 5-minute Q&A)</p>	<p>Keynote Lecture: Featured Speaker (Details TBA)</p>
<p>2:45 p.m. - 3:05 p.m. (Includes 5-minute Q&A)</p>	<p>Mindful Movement Session (Details TBA)</p>
<p>3:05 p.m. - 3:40 p.m. (Includes 5-minute Q&A)</p>	<p>Keynote Lecture: Featured Speaker (Details TBA)</p>
<p>3:40 p.m. - 4:15 p.m. (Includes 5-minute Q&A)</p>	<p>Keynote Lecture: Featured Speaker (Details TBA)</p>
<p>4:15 p.m. - 4:45 p.m.</p>	<p>Networking Energy & Music Break <i>Coffee and refreshments will be provided.</i> Creativity- Health-Tech Exhibition Hall</p>
<p>4:45 p.m. - 5:20 p.m. (Includes 5-minute Q&A)</p>	<p>Keynote Lecture: Featured Speaker (Details TBA)</p>
<p>5:20 p.m. - 5:45 p.m. (Includes 5-minute Q&A)</p>	<p>Whole-Person and Whole-System Action Panel: Connecting the Dots Between the Fields of Longevity and Regenerative Medicine (Chair and Panelists TBA)</p>

6:00 p.m.

Interactive VIP Conference Dinner at Albany Resort (invitation only). Informal dress and dinner on the waterfront.

Delegates gather in the front lobby of Atlantis. Buses will be provided to the conference dinner venue. Informal dress. Invitation only. Bus leaves at 6:00 p.m. sharp.

International delegates board shuttle back to Atlantis at 9:00 p.m. Transportation back to the hotel is complimentary.

DAY 3: Tuesday, April 30th, 2024

7:30 a.m. - 8:45 a.m. | **Registration | Outside the Main Auditorium | Networking in the Exhibition Hall**

8:45 a.m. - 9:00 a.m. | **Call to Order: Housekeeping and Welcome to Day 3**
Col. Arnold Strong

9:00 a.m. - 9:30 a.m. | **Opening Keynote:**
Special Symposium: Performance, Longevity, and The Human Powerhouse Initiative
Dr. Desirée Cox, MD, MPhil, PhD
CEO/Founder, The HEALinc

9:30 a.m. - 12:00 p.m.
(Includes 5-minute Q&A) | **The Business of Enhancing Human Performance: Longevity, Performance and Real-World Decision-Making**
Chair: Richard Swift, The Human Powerhouse Initiative
Specific program details TBA.

12:30 p.m. - 1:00 p.m. | **Interactive Lunch | Luncheon Ball Room**
Our interactive lunches feature small presentations and/or talks alongside a complimentary mid-day meal.

Day 3: Afternoon Special Symposium

Zhittya Cardiovascular Regenerative Medicine & Medical Tourism in The Bahamas

1:00 p.m. - 1:20 p.m. | **Opening Remarks from the Deputy Prime Minister and Minister of Tourism and Investment**
The Honorable Chester Cooper

1:30 p.m. - 2:00 p.m. | **Therapeutic Angiogenesis: A New Breakthrough Treatment to Regenerate Health and Extend Life**
Daniel Montano
CEO, Zhittya Genesis Medicine
A scientific and economic overview of the Zhittya Medicine program and its objectives.



<p>2:00 p.m. - 2:30 p.m.</p>	<p>Utilizing Therapeutic Angiogenesis to Reverse Major Diseases in the Heart, Brain, and More</p> <p>Dr. Jack Jacobs, PhD CSO, Zhitty Genesis Medicine</p> <p>This presentation focuses on the science, efficacy data and actionable insights from the Zhitty Genesis program in treating heart disease, stroke and neurodegenerative diseases.</p>
<p>2:30 p.m. - 3:00 p.m.</p>	<p>Development of New Therapies in The Bahamas for the Benefit of Both International Patients and Citizens of The Bahamas</p> <p>Dr. Conville S. Brown, MD Cardiologist & Principal Investigator</p> <p>This presentation outlines a practical plan on how to implement and initiate the opportunity of this innovation for international patients and patients from The Bahamas at The Bahamas Heart Centre and The Partners Clinical Research Centre at The Medical Pavilion Bahamas.</p>
<p>3:00 p.m. - 3:20 p.m.</p>	<p>Networking Energy & Music Break <i>Coffee and refreshments will be provided.</i> Creativity- Health-Tech Exhibition Hall</p>
<p>3:20 p.m. - 3:50 p.m.</p>	<p>How to Identify, Gather and Deliver Regenerative Medicine Therapy to Medical Tourists Traveling to The Bahamas for Treatment</p> <p>Sam Cross President, Cross Border Medical Tourism</p> <p>This presentation discusses practical ways of attracting and engaging patients to come to The Bahamas for treatment with regenerative medicines.</p>
<p>3:50 p.m. - 4:20 p.m.</p>	<p>Is Therapeutic Angiogenesis a Potential Treatment for Multiple Sclerosis?</p> <p>Viktoriya Montano Vice President of Strategic Research and Women's Affairs, Zhitty Genesis Medicine</p>



This presentation introduces the concept of reframing multiple sclerosis (MS) as a vascular disease and the potential of “Therapeutic Angiogenesis” for reversing the disease. The hypothesis draws on research evidence that supports the idea that a chronic lack of blood flow and “leaky” brain capillaries may underly the development and progression of MS. A therapeutic agent such as FGF-1 that can regenerate and heal the damaged microvasculature could represent a novel disease modifying agent for the treatment of MS.

4:20 p.m. - 4:40 p.m.

Summation of the Regenerative Medicine Opportunity for The Bahamas

Daniel Montano
CEO, Zhittya Genesis Medicine

4:40 p.m. - 5:10 p.m.

2024 HEALinc Summit Wrap-Up: Keynote
Dr. Desirée Cox, MD, MPhil, PhD
CEO/Founder, The HEALinc

Reception & Cocktail Party
hosted by Zhittya Genesis Medicine, Inc.

